Name:		





(Level 1)

Horo is the	abbrouistion	for oach	ai+ af	h ~ d.	, magaziring
nere is the	abbreviation	ioi eacii	unit or	DOU	y measuring:

Fingertip unit = FT

Footstep unit = FS

Handspan unit = HSP

Stride Length unit = SL

Arm span unit = ASP

## **FINGERTIPS**

Choose 5-10 objects that you think make sense to measure using your fingertips:

## HANDSPANS

Now choose 5-10 larger objects that you think make sense to measure using your hands.

<sup>\*</sup>Make sure you practice using the unit FT for 'fingertip'. For example, my eraser is 5 FT long.

<sup>\*</sup>Make sure you practice using the unit HS for 'handspan'. For example, my chair is 8 HSP tall.

	ARM SPANS
	Choose 5-10 larger objects or spaces to measure using your arm spans.
	you practice using the unit ASP for 'arm span'. For example, the wall of my bedroom is 3 ASP
	FOOTSTEPS
	FOOTSTEPS
*Make sure long.	FOOTSTEPS
	FOOTSTEPS

Name:
STRIDE LENGTHS
Choose 3-5 larger distances to measure using your natural stride length.
*Make sure you practice using the unit SL for 'stride length'. For example, the length of my street is 50 SL.
30 SE.
Your Opinion!
Remember that when you use body units for measuring, you need to think of which ones are most appropriate for different situations. In your opinion, what are the:
<ul> <li>best units for measuring small objects?</li> </ul>
<ul> <li>best units for measuring larger objects?</li> </ul>
<ul> <li>best units for measuring distances between objects?</li> </ul>
Which units felt the most natural to you? Why?
Which units measured most accurately? Why do you think so?